



# THE HELPING CENTER

CLIENT NEWSLETTER

NOVEMBER 2024

## OUR MISSION:

The Helping Center of Marble Falls provides nourishment and limited financial support to our neighbors in need in a dignified and hope-filled setting. As a unified community of Christians, we also offer opportunities for education, fellowship, and referrals providing a path to self-sufficiency.

## NEED HELP? WANT TO HELP?

### Hours of Operation

M-F 9:30 am - 1:30 pm (food/assistance)  
Tues 5:00 pm - 7:00 pm (food)  
Thurs 5:00 pm - 7:00 pm (food)

### Physical Address

1016 Broadway, Marble Falls TX 78654

### Mailing Address

P. O. Box 402, Marble Falls TX 78654

Phone | 830-693-5689

Website | [helpingcenter.org](http://helpingcenter.org)

Facebook | [Marble Falls Helping Center](https://www.facebook.com/MarbleFallsHelpingCenter)

Instagram | [thehelpingcenter](https://www.instagram.com/thehelpingcenter)

## NOVEMBER HOURS

We will be closed on Monday, November 11 in observation of Veteran's Day and November 28-29 to observe Thanksgiving.

*Peace and Blessings  
to each and every one  
of you as we  
celebrate the gift of  
THANKSGIVING!*



## NOTICES & COMING EVENTS

**CLASS | "5 SNEAKY CAUSES OF WEIGHT GAIN" | Thursday, November 7 | 10:00 – 11:00 am** | The Helping Center partners with Humana to bring you helpful hints about managing weight. Perfect timing, with the holidays soon to come! Free \$10 H-E-B gift card for participants. CRC Meeting Room.

**CLASS | "KITCHEN CABINET/MEDICINE CABINET" | Tuesday, November 12 | 10:00 – 11:00 am** | Join us as we learn about the health benefits of common herbs we already have in our kitchen cabinets! Free \$10 H-E-B gift card for participants. CRC Meeting Room.

**CLASS SERIES CONTINUES: "MONEY MATTERS" | Thursday, November 14 | 10:00 – 11:00 am** | The Helping Center partners with Cadence Bank to bring you this popular series on managing your money. Bring a friend and take home a \$10 H-E-B gift card! CRC Meeting Room.

**RECIPE OF THE MONTH | Easy Butternut Squash Soup | Fall is the perfect time to enjoy a healthy homemade soup; give this one a try! With only six ingredients, it is easy to make. Delicious!**

## GRATITUDE PROJECT

Thank you for responding to our Gratitude Project! Below are a few of your responses to our question: "What are you grateful for?" Your thoughts are inspiring and help to prepare each of us for the celebration of Thanksgiving.

**I AM GRATEFUL:** "that God is in control"... "for the food pantry"... "for my neighbors"... "for waking up this morning"... "for wonderful people in our community"... "for the people we meet and greet"... "for friends and family"... "for my husband"... "for the life God has given me"... "for the perfect weather"... "for clothing, transportation & food"... "for the people who volunteer here"... "I thank God for all His blessings and for my child with autism"... "for the donors of The Helping Center"... "for Life, food and health"... "for 2 healthy grandbabies"... "for My Lord"... "for those blessings I'm not aware of"... "for my home, my car, and my dog"... "I thank God for the very hard test we had to go through with the birth of my baby. God never left us alone, even when I was about to give up"... "it is a blessing to find a place like this"... "for supporting families in need"... "for my recovery from addiction, my relationship with Jesus Christ, my freedom, my amazing daughter, having a roof over my head and food to eat, and for second chances and God's grace"... "for children, kind people with big smiles, jolly laughs, friends"... "to be saved by Jesus"... "for my beautiful baby girl and 5 beautiful grandkids"... "for the donors; I cannot pay them back, but I know God will give them many gifts"... "God has healed me of a lifelong addiction! What the Devil intended as a life sentence, God has reduced to time served. Praise Him!"... "for my country"... "for the help I received here when I lost my husband of 44 years"... "for my son, my home, my job"... "for everything Jesus Christ has done in my life over the years"... "for each new day, the sunshine, the birds singing, the sunset, the stars and all of Creation"... "that I am not hungry".

*Some responses have been translated, paraphrased, or otherwise edited due to space limitations.*