



THE HELPING CENTER

CLIENT NEWSLETTER

AUGUST 2024

OUR MISSION:

The Helping Center of Marble Falls provides nourishment and limited financial support to our neighbors in need in a dignified and hope-filled setting. As a unified community of Christians, we also offer opportunities for education, fellowship, and referrals providing a path to self-sufficiency.

NEED HELP? WANT TO HELP?

Hours of Operation

M-F 9:30 am - 1:30 pm (food/assistance)
Tues 5:00 pm - 7:00 pm (food)
Thurs 5:00 pm - 7:00 pm (food)

Physical Address

1016 Broadway, Marble Falls TX 78654

Mailing Address

P. O. Box 402, Marble Falls TX 78654

Phone | 830-693-5689

Website | helpingcenter.org

Facebook | [Marble Falls Helping Center](#)

Instagram | [thehelpingcenter](#)

AUGUST HOURS

We will be open during all normally-scheduled hours. There will be no holiday closures.

It's Back To School Time!

The Helping Center extends God's blessings to all students returning to school and to all teachers who care for and guide students. May He provide you with opportunities for growth, learning, and joy.



NOTICES & COMING EVENTS

CLASS SERIES CONTINUES! "PLANT WITH A PURPOSE" | August 13 & September 10 | 10:00-11:00 am | Always wanted to harvest fresh foods right on your doorstep? Now you can! The Helping Center partners with Texas A&M AgriLife to bring you this series on container gardening. Themes will include growing fruits and vegetables, indoor planting, unique containers, seed saving, and healthy soil. \$10 H-E-B gift card + take-away gifts for all participants. CRC Meeting Room.

CLASS SERIES: "MONEY MATTERS" | August 15, September 12, October 10, November 14 | Back by popular demand, The Helping Center will host Cadence Bank to offer you this popular series about managing your money. Topics include budgeting, making spending count, savings, loans, credit, fraud protection, and more. Join us on Thursdays from 10:00 – 11:00 a.m. in the CRC Meeting Room and bring a friend! \$10 H-E-B gift card at each class for participants. *If you have participated in the past, come in to share your success stories with others!*

DRUG TAKE-BACK DAY | September 17 | 9:30 am – 1:30 pm
Do you have unwanted or expired drugs in your home? Many of us do, and we will offer you a free way to dispose of them responsibly. Quick and easy, just drop your drugs into the sealed receptacle. No questions asked. While you're at it, make friends with BRODY, the lovable City of Marble Falls therapy dog. He'll be on hand all day!

CLIENTS! | Do you have reuseable grocery bags? If you do, "HELP US TO HELP YOU" by bringing them when you shop. Thank you!

RECIPE OF THE MONTH | INFUSED WATERS | August brings warm temperatures and the need to hydrate. This month, we offer you ideas for infusing waters with fruits and vegetables for a refreshing alternative to soft drinks.

INSTILLING A SENSE OF CURIOSITY IN OUR CHILDREN

It's "Back to School" time, and this month we discuss how to instill a sense of curiosity in our children.

Instilling curiosity is vital for a child's intellectual and emotional development. Curiosity fuels their desire to learn and explore the world around them, fostering creativity and critical thinking. To nurture this innate trait, parents and teachers should create an environment that encourages questions and exploration.

Start by modeling curiosity yourself. Show enthusiasm for learning new things and share your discoveries with your children. Ask open-ended questions and engage in discussions that stimulate their minds. Providing a variety of resources such as books, educational games, hands-on activities, and field trips, can spark an interest in new and varied subjects.

Outdoor activities, like nature walks or visits to parks and playgrounds, expose children to new experiences and ideas. Allow them to pursue their interests and support their endeavors, whether it's building a model, conducting a simple science experiment, or exploring a new hobby.

Remember, the goal is not to provide all the answers but to encourage children to seek them out. By fostering a curious mindset, we equip our children with the tools they need for lifelong learning in an ever-changing world.