



THE HELPING CENTER

CLIENT NEWSLETTER

JUNE 2022

NOTICES & COMING EVENTS

OUR MISSION:

The Helping Center of Marble Falls provides nourishment and limited financial support to our neighbors in need in a dignified and hope-filled setting. As a unified community of Christians, we also offer opportunities for education, fellowship, and referrals providing a path to self-sufficiency.

NEED HELP? WANT TO HELP?

Hours of Operation

M-F 9:30 am - 1:30 pm (food/assistance)
Tues 5:00 pm - 7:00 pm (food)
Thurs 5:00 pm - 7:00 pm (food)

Physical Address

1016 Broadway, Marble Falls TX 78654

Mailing Address

P. O. Box 402, Marble Falls TX 78654

Phone | 830-693-5689

Website | helpingcenter.org

Facebook | [Marble Falls Helping Center](https://www.facebook.com/MarbleFallsHelpingCenter)

Instagram | [thehelpingcenter](https://www.instagram.com/thehelpingcenter)

JUNE HOURS

The Helping Center will be closed on Monday, June 20, in observance of Juneteenth.

 **Follow The Helping Center on Facebook, Instagram, or our website for information on cooking demos, events, operating hours, and closures.**

Happy Father's Day!

The Helping Center wishes to honor and remember fathers, stepfathers, foster and adopted fathers, and father figures on Sunday, June 19th.

Fathers, know that you are loved and appreciated!

READ4LIFE Free Kids' Book Fair | Saturday, June 11, 9:00-11:00 am | Join us for a morning of books and fun! Every child will receive free books (English/Spanish) to enjoy during the summer. Experience "Story Time from Space", kids' crafts, reading theatre, and a tasty DIY lemonade stand. Door prizes and unveiling of a community reading corner ("Cozy Corner") will happen at 11:00 am.

STORY TIME AT COZY CORNER | Saturdays June 18 thru August 13 from 10:00-10:30 am | For Kids 12 & under and their parents | Join us each Saturday this summer for a kids' reading circle. We will gather in front of The Helping Center at the "Cozy Corner" reading area. Adult volunteers will read to the children, followed by opportunities to select new books from our Little Free Library.

COOKING DEMO/GIVE-AWAY | Friday, June 17, 9:30 am-1:30 pm | Join us for this month's cooking demo featuring Grandma's Icebox Pickles. Enjoy a sample, learn how to make this tasty recipe, and take home a free canning jar and ingredients!

"GET THE FACTS" Nutrition Class | Thursdays 10:00-10:30 am | June 30, July 21 | The Helping Center partners with Texas A&M Agrilife to bring you this practical nutrition series. Learn how fats, sodium and sugar influence health. Information booklets (English/Spanish) and giveaways will be provided. A translator will be on hand for Spanish speakers. Those who attend 4 classes will receive a Certificate of Completion that can be redeemed for a \$25 HEB gift card.

SUMMER READING CHALLENGE | June 1 – July 29 | The Marble Falls Public Library is hosting a Summer Reading Challenge for kids. Kids reading eight or more hours during the challenge will be awarded with prizes. Register at www.marblefallslibrary.org or call Kate Bravo at 830.693.3023.

PRAYING WITH CHILDREN

Do you have children in your life? School's out, and summer is the perfect time to introduce children to the power of prayer. A few ideas to make prayer easy and engaging for you, your kids, and grandchildren:

Prayer Book | Gift a child with a small notebook. Each day, encourage your child to write down something he/she is thankful for. Drawing pictures can help to illustrate the prayer. Your child can return again and again to this book.

Prayer Playdoh | Think of something in your life you are struggling with. Use the dough to create an image that represents the struggle. As you make the image, listen to what God is saying to you about the situation. Have a discussion with God, moving back & forth from talking to listening. End the prayer by saying, "God, give us the courage to deal with things as Jesus would."

Finger Prayer | This is a prayer that can be said anywhere using your own two hands! Wiggle your thumb and pray for the ones you love (the thumb is closest to our hearts). 1st Finger: Pray for teachers (pointing finger). 2nd Finger: Pray for leaders (this is our tallest finger). 3rd Finger: Pray for the sick and vulnerable (this is our weakest finger). 4th Finger: Pray for yourself! The Palm: Pray for all people on God's Earth, and for the life of Earth itself.